Sarah Nelson is the creator and one of the directors of The Experience Collectors (TEC). TEC is a social capacity building program for neurodivergent children from 6-17 years old. Sarah is autistic with ADHD, she is the mother of two autistic boys, an advocate for neurodivergent people and is a well-known figure in the autistic community.

In her life before TEC, Sarah developed a program for people in recovery from addiction. Sarah has always been strongly involved in helping people in the community, her passion for this is endless. In her free time Sarah can be found in the garden, shopping or spending quality time with her family.